

“THE ARROWHEAD”  
THE NEWSLETTER OF LASSWADE ARCHERY CLUB

ISSUE NO.253 – JANUARY 2017

Dear All,

I hope you have all recovered from the excesses of the Festive Season and are now ready to commence the second half of the current indoor season.

However, before we go to the monthly news, we start 2017 with some sad news.

TINA JAMES – 1951 to 2016

Last month I was advised by Tina’s friend, Susan that sadly, Tina had suddenly passed away. This was most un-expected and I am sure by now most of you who knew Tina will already be aware of this.

In the 1990s I was doing a monthly item on some Club members and some of this article is based on a profile of Tina from Issue No.99 (March 2004).

Tina first experienced archery at an evening class that was held in Edinburgh, which was run by a former Club Coach, Brian Galbraith, also no longer with us.

Tina then started attending instruction and shooting sessions with some of us at the Meadowbank Sports Centre, which in these days was being run by another of our former Club Coaches, Bill McKay. Then, in 1994, Tina joined Lasswade Archery Club.

Tina was very much into the shooting side of things and achieved many successes including the rank of Master Bowman in 2002, the second highest ranking for an archer shooting outdoor tournaments.

In addition, Tina was also a member of the Eastern Area Squad and Scottish Archery Team for some years and some of her achievements included the following:-

**BRITISH INDOOR CHAMPIONSHIPS 2002 – A member of the winning Scottish Ladies Team.**

**EURONATIONS OUTDOOR TOURNAMENT 2002 – A member of the winning Scottish Ladies Team.**

2002 was obviously a vintage year for Tina!

During her outdoor shooting days she also gained her 1000, 1100 and 1200 Fita Stars plus the 900, 1000 and 1100 Rose Awards and other numerous classification and distance awards.

During these times, Tina shot the Recurve Bow but would later move over to “The Dark Side” and change to the Compound Bow!

It should also be remembered that her achievements and her service to the Club were also numerous. During her membership with us she served on the Club Committee at various times as Records Officer, Vice-President and became our first Lady Club President and in recognition of her work for the Club, she was awarded Honorary Life Membership of the Club in 2013 and she was still currently serving on the Committee as an Ordinary Member where her experience and wisdom will be greatly missed.

In recognition of her work within Scottish Archery and with reference to the time she served as their President, they too awarded her with Honorary Life Membership in 2014, becoming only the second Club Member to achieve this.

Most of you will also be aware that for many years Tina was our organiser for our three annual tournaments and the Eastern Area Championships we run at Lasswade.  
In addition, when she shot with the Club she also achieved numerous successes listed below when she was shooting as a Lady Recurve:-

INDOOR CLUB CHAMPION in 1996, 1998 and 2000.  
LASSWADE OPEN PORTSMOUTH CHAMPION in 1999 and 2000.  
LASSWADE OPEN FITA 18m – A member of the winning Lasswade Recurve Team in 2000.  
LASSWADE OPEN PORTSMOUTH – A member of the winning Lasswade Recurve Team in 2001.  
CLUB INDOOR LADIES IMPROVER TROPHY – 1996.  
CLUB HANDICAP SHIELD – 1998 and 2002.  
JIM COULL CLUB TROPHY – 2003, 2007 and 2011.

The Jim Coull Trophy is awarded annually at the Club's AGM to any member by the Club President who in his/her opinion, has given outstanding service to the Club for the year up to the AGM.

I will move on now as I am sure Tina will be saying, get on with it Donald, I want to get the awards done!

Due to her usual super-efficient results service, she would be ready to announce the results with myself presenting the awards but I would sometimes be holding things up trying to get the last of the un-wanted raffle prizes away!

Finally, thanks to those of you and other people who knew and had worked with Tina and were able to attend her funeral on the 4<sup>th</sup> of this month and afterwards at The Quay in Musselburgh which is near to where Tina lived for many years.

The funeral was a new experience for me as it was a non-religious, Humanistic Service. During the service, Derek, Lorraine, Norrie and Susan also addressed the assembled mourners with their memories and experiences with Tina.

So, while I have not been able to list all of Tina's achievements, I hope I have given you all an overall picture of our already much missed member.

On behalf of the Club, our condolences to Tina's family and friends.

R.I.P. Tina

We now move on to the news for this month with an opening item from Mike B.....

## CLUB NEWS

### EQUIPMENT OFFICER'S REPORT

I hope that you all enjoyed the Festive Season.

The Club does not have a designated post of Safety Officer, since safety is everyone's concern, I am therefore asking you all to try to place more emphasis on safety in the New Year.

It is far better to have fifty pairs of eyes looking out for issues rather than just one pair.

The safety philosophy of the Club, and within archery generally, is that accidents are unacceptable, hence our rules are designed to ensure that more than one mistake (and we all make mistakes) must occur simultaneously for any mistake to turn into an accident.

The flip side of this, is that it is easy to become blasé about the safety rules, so help everyone by getting into the habit of asking “are you sure that is safe?” and perhaps “are we allowed to do that in this Club?”

As a quick recap:

Compound bows in particular are very complex, very technical items. The Club is keen to encourage all types of archery, but if you have bought a new bow of any type, or you want to try someone else’s bow, please get a senior Club member to supervise.

This applies equally to ‘traditional’ bows such as longbows and flat bows, which may appear to be very simple, but this simplicity means that they are much less forgiving of poor technique and/or mis-matched tuning.

The Club gets its insurance via its membership of AGB. This means we have no control over the conditions attached, such as membership. Basically, as I understand it currently, no-one may shoot at a club unless they are a member of AGB, unless they are on an official beginners’ course, or as an official previously minuted, a ‘Come and Try It’ event. As a club, we want to encourage everyone possible to take part, but our insurance simply will not allow non-members to shoot at a normal Club session.

Finally, can I please remind you all that there is always a risk of an arrow ricocheting sideways off a boss or stand. If that arrow passed through the **Green** curtain/net into the other side of the hall, it would be disastrous so the **White** curtain must always be pulled round the left hand end, so that it extends well in front of the line of stands.

If anyone has any concerns /questions about this then please speak to me directly from now on. I will expect to see the curtain set up safely before anyone is ready to shoot so if you are the first one standing waiting, you know what to do!

Similarly, the two targets at the right-hand side are reserved for coaching (though usually free for use by anyone) so please encourage juniors and novices to shoot at that end of the hall, and not next to the green curtain where the risk is much greater.

Mike B

#### **CANCELLED CLUB SESSION**

Due to another event taking place, there will be **NO** Club Session on Saturday 21<sup>st</sup> of this month.

#### **CLUB MAINTENANCE SESSION**

The next session which was to take place on the 25<sup>th</sup> of this month will now be held on Wednesday the 8<sup>th</sup> of February in the Community Room at the centre.

Remember, these sessions run between 7.30 and 9.00pm but you do not have to spend the whole evening there if you also wish to do some shooting.

If you would like to attend these sessions and have not done so previously, then ask for a short questionnaire to fill in so our team can be aware of what you would like to do. Please be aware that these sessions are not for shooting and dates for them are subject to the Community Room being available.

#### **CLUB COMMITTEE MEETING**

Elected members of the Club Committee are requested and required to make themselves available for the next meeting on Thursday the 19<sup>th</sup> of this month.

The meeting itself will commence at 7.00pm in the Community Room of the centre.

### **CURTAILED CLUB SESSIONS**

The Saturday Club session on the 4<sup>th</sup> of next month will finish at 4.30pm to allow us to set up for the Scottish Indoor Senior Championships which will take place on Sunday the 5<sup>th</sup>.

Please note, as with the Area Championships on the 15<sup>th</sup> of this month, this shoot does not have a raffle, so please keep all your un-wanted Xmas pressies for our Double Worcester Round on Sunday, March the 5<sup>th</sup>!

### **A VALENTINES DAY NOVELTY SHOOT**

Joan adds the following item for this issue.....

Our Christmas Novelty Shoot was well received so I spoke to 27 members at our first Club session for 2017 and asked if they would be interested in having the above Novelty Shoot on the 15<sup>th</sup> of next month. Everyone said YES!

Due to the 14<sup>th</sup> of February being a Tuesday, this is why we will have our shoot on the 15<sup>th</sup>.

In addition, I also spoke to the members about another possible social event and a possible Frostbite Round at Grove Farm in February and this was also met with enthusiasm.

There will be more details to follow on these events.

Over to you Donald with regard to the Frostbite Round.....

Many of you will not know what a Frostbite Round is. It is a simple outdoor round with the following details:

**3 DOZEN ARROWS TO BE SHOT FROM 30 METRES AT AN 80cm TARGET FACE.**

The usual 10 Zone scoring method is used with a maximum score of 360 possible.

It is a fairly quick round to shoot so we could perhaps make it a Double Frostbite.

Joan (and a wee bit from me).

### **NEW MEMBERS**

On behalf of the Club we welcome two new lady member to our ranks, Julie and Susan. Our first Julie but our second Susan!

After checking, our new Susan will be a Susan and our other Susan will continue to be known as Susie! However, if need be, they can be known as Susan M and Susan K. I hope you all followed that!

## TOURNAMENT REPORT

### INDOOR CLUB HANDICAP – ROUND 4 – DECEMBER 2016

Here are the results for the December round.

1 <sup>st</sup>	Mike B	188	71	259	11 <sup>th</sup>
2 <sup>nd</sup>	Derek	215	37	252	7 <sup>th</sup>
3 <sup>rd</sup> =	Joan	224	23	247	8 <sup>th</sup>
3 <sup>rd</sup> =	David D (1)	212	35	247	1 <sup>st</sup>
4 <sup>th</sup>	George	223	23	246	2 <sup>nd</sup>
5 <sup>th</sup>	Andy	219	23	242	6 <sup>th</sup>
6 <sup>th</sup>	Billy	220	17	237	N/A
7 <sup>th</sup>	Richard P	190	35	225	9 <sup>th</sup>
8 <sup>th</sup>	Ann	170	47	217	12 <sup>th</sup>
9 <sup>th</sup>	William H	80	N/A	80	N/A

The monthly individual awards are reduced handicaps for the following:

Mike B (53) Derek (29) Joan (17) David D (1) (29) George (17)

Please add these new handicaps to your scores from this month onwards.

### DATES FOR YOUR DIARIES AND STORAGE DEVICES

#### JANUARY

Sunday 15 <sup>th</sup>	Eastern Area Indoor Championships (SRS). Round: PORTSMOUTH.
Thursday 19 <sup>th</sup>	Club Committee Meeting in the Community Room at 7.00pm.
Saturday 21 <sup>st</sup>	<b><u>NO</u></b> Club Session on this day.

#### FEBRUARY

Saturday 4 <sup>th</sup>	The next Beginners' Class commences. 4.30pm finish for the Club Session.
Sunday 5 <sup>th</sup>	SAA Indoor Senior Championships (WRS). Round: WA 18m.
Wednesday 15 <sup>th</sup>	Valentine's Day Novelty Shoot.

#### MARCH

Sunday 5 <sup>th</sup>	Lasswade Indoor Open (UKRS). Round: Double Worcester.
Saturday 19 <sup>th</sup>	Indoor Club Championships. Round: Portsmouth.

Chapter 253 of your Club Newsletter is duly concluded.

Contributors for this issue: Mike B and Joan.