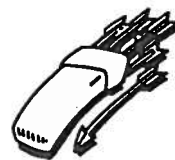


THE ARROWHEAD

THE NEWSLETTER OF LASSWADE ARCHERY CLUB



ISSUE NO.27 - MARCH 1998

Dear Members,

By the time you are reading this newsletter the outdoor season will almost be upon us so now is the time to dig out your woolies and waterproofs, or if we have a summer, your sun-hats and shades!

CLUB NEWS

OUTDOOR CLUB SESSIONS

Just a reminder that from April we will be shooting outdoors on Sunday mornings between 10am and 12 noon. Wednesday evening sessions will however be shot indoors until the end of April before moving outdoors on Wednesday evenings between 6.45pm and 9pm at the beginning of May.

As the indoor shooting season is now over, we hope to organise a few coaching evenings on Wednesdays before the move outdoors. You will be notified about these sessions in due course.

NEW SCORING METHOD

From the 1st of January 1998 until December 1999 FITA have introduced some changes to scoring methods which all members should familiarise themselves with. This is a trial period only. To that end I have given you a copy of the details but if you do not have a copy then please see me by Wednesday 29th April. If you have any questions regarding the scoring method then please ask.

OUTDOOR TOURNAMENT FIXTURE LIST

Because only a few members shoot outdoor tournaments, after this month's newsletter I will only list any shoots being shot at Lasswade. As your Tournament Secretary, I will announce forthcoming shoots at club sessions but you should also consult the S.A.A. fixture list if you have a copy. If you do not have a copy then please see me by Wednesday 29th April and I will give you a copy.

WINTER POSTAL LEAGUES 1997/98

By the time you receive this newsletter the last postal shoot will have taken place. It will be some time before all the final results are published but our organiser Bill C will inform us when he receives them. I would, on behalf of the club, like to thank Bill once again for running the leagues for us. Is it worth my while asking for a volunteer to organise the 1998/99 season? I won't hold my breath. HA!HA!

NEW MEMBERS

It is now six months since you took the plunge and joined the club and I am pleased to see that some of you are now using your own equipment and entering tournaments as well. As always, remember to carry your GNAS cards in case you are asked to show them.

Once again, if you have any comments or suggestions on the running of the club with particular reference to yourselves then please let us know.

COMMITTEE MEETING

All committee members are cordially invited to attend the next meeting on Thursday 9th April at 7.30pm in the High School.

RULES OF SHOOTING - PART 3

THE BOUNCER AND THE PASS THROUGH

When you are a beginner and you think your score could be better, but the arrows won't stick in the target, and you want to give up competition. What do you do? The first thing is don't get all worked up about it, relax - take a step back from the shooting line, hold your bow aloft so that you catch the attention of a Judge. Depending on the competition (GNAS rules of FITA rules), the Judge will do one of two things; if you are shooting a Portsmouth, which is 60 arrows at 20 yards and falls within the scope of GNAS, the Judge will ask for your spare arrow, which as a dedicated archer you will always have in your quiver, he will mark the arrow normally by initialling a fletch and before allowing you to shoot it, inform you that he will take part in the scoring of that end, but if when scoring the Judge finds that all three of your original arrows found the target along with the fourth which he marked you will be penalised by losing the value of the highest scoring arrow. If you have an arrow pass through the target during a GNAS round as long as part of the arrow remains in the target you will be awarded that score but should there be no sign at all then I'm afraid you will score a MISS.

If the round being shot is a FITA you will have been informed by the Judge at the start of the shoot that the position of all arrow holes must be marked. The reasoning behind this is that should you have a bouncer then you take a pace back from the shooting line and hold your bow aloft. When the Judge approaches you inform him you have had a bouncer, when all competitors have shot their arrows you and the Judge will go to the target and look for an arrow hole that has not been marked. When it is found you will be awarded that score, but should there be more than one unmarked hole you will be awarded a MISS. So remember to mark these holes, it's for your benefit. You will then return to the shooting line and under the control of that Judge shoot any remaining arrows in that end. The above rule also applies to an arrow passing through the target, where the archer will be awarded the value of the unmarked hole.

Watty Wyse

NEXT EDITION: SCORING AND THE SCORE SHEET

OTHER ITEMS

The following item has been sent in by Bill C and was taken from a past edition of the Civil Service Archery Newsletter. Thanks also to Athol for providing a neater version of the diagram.

CROW TUNING

String alignment and the "Open Window".

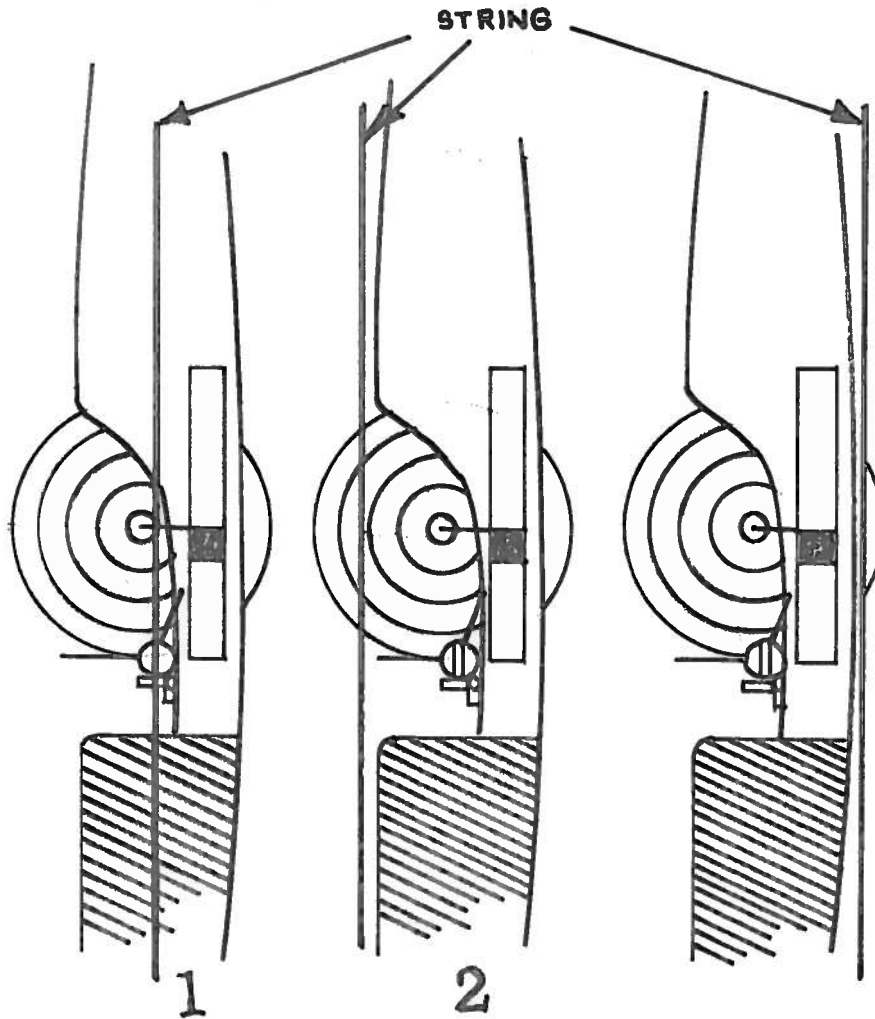
Something that has come to light recently, is that while aiming, some archers are closing one eye and then lining up the string with the centreline of the bow. If you are using a centre of chin/nose anchor and keeping both eyes open (you should only do this if both eyes are of equal visual strength), the string should be aligned with the centre line of the bow (1).

If you are closing your left eye (right handed archer), the string should be aligned with the left hand edge of the upper limb, or to use an archery term, with an "open window" (2).

Either of these methods will in fact ensure that the string will be aligned with the centre line of the bow.

Explanation

The /.....



Explanation

The centre of the right eye is about 1.3 inches away from the centreline of the face, therefore when closing the left eye, we are actually looking at the string from an offset position. So to bring the string to the centreline of the bow, we have to move the bowhand to the left. This results in the arrow pointing to the left of our intended aiming point. Think about it!

To avoid this phenomenon, some archers use the side of the mouth anchor point, this brings the eye, string, and bow centre into line. The problem now is that the string may obscure the sight pin (compound archers use a peep hole in the string). Anyway I think the "open window" provides the most accurate form of string alignment, especially when the bow is set up on our close to centre shot.

So the recap on "crow tuning":

- (1) Choose a calm day
- (2) Put out three targets at York/Hereford distances
- (3) Set the sight pin exactly on the centreline of the bow and don't move it!
- (4) Shoot a number of complete ends at each target in turn and using the principles of the "walk back test", adjust the pressure button to bring the groups into the centre of all three targets
- (5) After tuning the bow in this way, it might be found that because of a slight mismatch of equipment, some adjustment of the button is necessary, especially at the indoor distance. This should be carried out using spring tension only. Do not move the position of the button in the bow, or the sight pin from the bow centre line!!

John Crow
Portsmouth Archers Review

TOURNAMENT REPORTS

WEST OF SCOTLAND INDOOR CHAMPIONSHIPS (600) WISHAW WISHAW - 15 FEBRUARY 1998

Tina was our only representative at the above Portsmouth round. Her score of 552 earned her the first Lady Visitor medal and her score was the top overall. Well done.

LASSWADE V PENICUIK INTERTOWN SHOOT BEESLACK, PENICUIK - 27 FEBRUARY 1998

Fourteen of us made the journey through to Penicuik to contest the first of our 2 annual shoots against our friends from Penicuik AC.

Watty nominated me as team captain so I would have the pleasure of selecting those members whose scores would be used for the Lasswade team. That way he saves himself the aggro from those members not elected to form the team. HA!HA!

However, due to an imbalance between compounds and ladies in each team, it was decided that 4 recurves from each club would decide the destination of the trophy although the top scoring junior and compound from each club were also included in the final total.

We lost again this year but gave a good account of ourselves losing by only 74 points. The results were as follows:-

LASSWADE

Paul R	585
Meg	558
Graeme	548
Bill C	<u>527</u>
	<u>2218</u>

PENICUIK

Elaine	572
John	568
Ramsay	558
Keith	<u>555</u>
	<u>2253</u>

Billy	565
Jill	<u>517</u>
	<u>1082</u>

Brian	569
Tallah	<u>552</u>
	<u>1121</u>

TOTALS: **3300** (2ND) **3374** (1ST)

It is pleasing to report that our juniors finished ahead of their Penicuik counterparts which hopefully would be a good omen for the junior challenge shoot between the juniors on Sunday 8th March.

During the shoot itself winter finally made an appearance so when we got out to the car-park we had to scrape the snow off our cars first. Just for once I wasn't last. That honour went to Bill C. He couldn't find the starting handle for his model T! HA!HA!

**S.A.A. INDOOR CHAMPIONSHIPS (600)
LINWOOD - 1 MARCH 1998**

This Fita 18 was attended by 8 Lasswade archers with Bill C and Watty as two of the judges.

Both our ladies finished in the top ten. Ian shot a new PB and won the E Class medal.

Ross was first compound limited with Allen as runner-up.

Billy shooting the un-limited compound was in the bronze medal position with Andy and Barry further down the list.

The results were as follows:-

<u>LADIES</u>	7th	Tina	(521)	
	9th	Meg	(516)	
<u>GENTS</u>	48th	Ian	(449)	New PB
		Plus the E Class Medal		
<u>GENTS C/LTD</u>	1st	Ross	(544)	
	2nd	Allen	(500)	

<u>GENTS C/U/LTD</u>	3rd	Billy	(559)
	8th	Andy	(528)
	12th	Barry	(273)

NON-AFFILIATED MEMBERS

<u>LADIES</u>	1st	Elaine	(553)
		New Scottish Indoor Champion Also a member of the winning ladies team, Penicuik	

<u>GENTS</u>	21st	Paul	(526)
		Also a member of the winning gents team, Edin University	

**LASSWADE V PENICUIK JUNIOR CHALLENGE SHOOT
(SAME VENUE AS THE INTERTOWN) - 8 MARCH 1998**

I asked Barry to do a report on this shoot but joined up writing is not his strong point! HA!HA!

All I can say is WE GOT BEAT!!

**INDOOR CLUB CHAMPIONSHIPS (600)
LASSWADE - 13 MARCH 1998**

JUDGE(?):	Yours Truly
LADY PARAMOUNT:	Mrs Morag Pirie
TEA LADY (JUNIOR):	Mrs Morag Pirie
TEA LADY (SENIOR):	Mrs Joan Smith
ORGANISER:	Guess Who?

Eighteen membres shot our Portsmouth round this year. As always it was an enjoyable night and no problems were experienced.

In the ladies group, Tina's score earned her the shield for the second time in 3 years. Meg was runner-up and last year's winner, Joan, was third. Jade and Diane contested the novice lady award with Jade winning by 23 points.

The top score of the night was shot by George K whose name last appeared on the gents shield in 1993. Graeme was only 9 points behind with Bill C and Watty tying but Bill C took third place on the golds rule. Jade's other half, Ian won the novice award. (Jade, speak to Ian nicely and you can make the 2 medals into a pair of ear-rings! They would go well with your leather gear! HA!HA!)

Moving very swiftly to the juniors, another PB from Barry meant that he now has the indoor as well as the outdoor junior shield, Peter was second with Paul Y in third.

Ross, shooting as a senior was the first compound limited in this section, beating a 3 times Winner , Athol, by 6 points. (HA!HA!HA!HA!HA! Rasp....) Neil broke the 500 mark to take third. Ross's old man Billy, shooting un-limited won the compound shield out-right. I suppose that means Bill M was second. The poor bloke was at a disadvantage due to the fact he was facing Jade all night and was suffering from severe bout of BQS! (Bow Quiver Syndrome).

The full results were as follows:-

<u>LADIES</u>		<u>S</u>	<u>H</u>	<u>G</u>
1st	Tina	559	59	29
2nd	Meg	530	60	14
3rd	Joan	521	60	11
4th	Jade (novice)	367	57	3
5th	Diane (novice)	344	56	2

GENTS

1st	George K	569	60	30
2nd	Graeme	560	60	29
3rd	Bill C	550	60	26
4th	Watty	550	60	18
5th	Ian (novice)	517	60	11

JUNIORS

1st	Barry (new PB)	422	59	0
2nd	Peter (novice)	330	57	1
3rd	Paul Y (novice)	315	57	0

COMPOUND LTD

1st	Ross	555	60	17
2nd	Athol	549	60	12
3rd	Neil (novice)	501	60	4

COMPOUND U-LTD

1st	Billy	568	60	28
2nd	Bill M	536	60	7

Thanks to our Lady Paramount, Morag Pirie and to Joan for providing the edible material and the production of the tea and coffee.

PS. Sorry some of you could not make it but due to all Saturday nights being booked up we had to hold the shoot on a Friday this year.

DATES FOR YOUR DIARY

1998

MARCH

Sunday, 29th

TOURNAMENT/ROUND

S.A.A. U-21 Junior & Novice
Championships/PORTSMOUTH
Cluny Clays, Fife

APRIL

Thursday, 9th

Club Committee Meeting

Sunday, 19th

Falkirk Open Annual
Tournament/FITA and
SHORT METRIC

Sunday, 26th

Kate Kennedy Silver Arrow
Competition/ ST GEORGE,
ALBION and WINDSORS

Wednesday, 29th

Last indoor club session

Consider Issue 27 terminated. Contributors for this
issue:

Watty Wyse and Bill Carmichael.

Any items for the next issue should be submitted to me
by Wednesday 8th April 1998.

DONALD