



LASSWADE ARCHERY CLUB

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## **NEWSLETTER - NO. 6**

Dear Member,

Welcome to another action packed newsletter.

### **CLUB NEWS:**

#### **COACHING QUESTIONNAIRE**

Now that I have had time to check the questionnaires returned to me, we now have a clear picture of what you want. If you recall, section one of the questionnaire was devoted to your preferences for actual coaching sessions. The two options which are equally popular is for coaching to be done during ordinary, non - competition shooting sessions whenever any member needs it. The other favoured option is for special coaching sessions to be arranged where coaching has priority for a whole evening or morning sessions. Option three for sessions outwith normal times (eg. Saturday evenings) was not quite as popular and less popular still was the fourth option for coaching to have priority for part of a club session (eg. the first half hour). No other suggestions were made by you.

Section two of the questionnaire was devoted to what subjects you would like to see covered at coaching sessions. Here are a few popular choices :-

Diagnosing and correcting problems

Basic shooting style

Basic set-up and timing

Advanced tuning

Shooting clinics

You have also asked that these and other subjects should be carried out by our own rather than outside coaches, although we could still call upon them if needed. Our coaches have received copies of the questionnaire and can now put together a programme for coaching.

I would like to remind you that success or failure of the coaching initiative depends on you, the members.

DONALD

#### MINUTES OF COMMITTEE MEETINGS

One of the members has suggested that all members should be able to see the minutes of club's committee meetings. To that end, Joan has put together a booklet which contains the current minutes for the club, Eastern Area and SAA Regional Council committees. It will be available at most club sessions for your inspection but it must not be removed from the club premises. We will up-date it as appropriate.

DONALD

## OTHER NEWS

On behalf of the club I would like to offer my belated congratulations to Tina James on winning the ladies' improvers trophy and to Jim Seymour the new club indoor gents' champion. Sorry you did not receive the trophies earlier.

DONALD

## TOURNAMENT REPORTS

### GLADE POSTAL LEAGUES - 1995-96

Unfortunately, I received the results for the Glade too late for inclusion in the last newsletter so here they are now:-

#### RECURVE DIVISION 1

Lasswade "A" were runners-up to Orrell. The highest boys' score for the whole season in this division was a 568 by Paul Rennie.

#### RECURVE DIVISION 3

Lasswade "B" finished in 5th place and we obtained the highest ladies' score for the season, a 555 by our lovely vice-chairperson, Tina James.

#### JUNIOR DIVISION 1

Our juniors ended up in 4th place with Peter Walker scoring a 557 to take the highest boys' score.

COMPOUND DIVISION 4

Another 4th place was gained by us and yet another top boys' score, a 341 was shot by Barry Galbraith.

The aforementioned members have been presented with their medals.

DONALD

FALKIRK FITA - GRANGEMOUTH  
21 APRIL 1996

As a follow up to Bill Carmichael's report in newsletter 5, here are the final placings for our members at the above shoot, 1440 being the maximum score:-

<u>LADIES</u>	13th lady	-	Meg Wyse (875)
<u>GENTS</u>	6th gent	-	George King (1131)
	12th gent	-	Graeme Mitchell (1022)
	13th gent	-	Bill Carmichael (968)
	14th gent	-	Joe Grafen (955)

Although no place awards were obtained, Graeme did win the gents' 30m distance medal. Well done !

ALBION/JUNIOR WINDSOR - LASSWADE  
26 MAY 1996

After a years absence, we once again held our Albion tournament which was well organised by Tina James, her first time as a tournament organiser.

A total /.....

A total of 46 archers from 9 clubs entered (10 from Lasswade). The morning was dry and bright and stayed that way until the 80 and 60 yard distances were completed. However, by the time of the last 50 yard distance, the weather once again conspired against us and a light drizzle descended but it did not effect us too much. For those of you unfamiliar with the Albion round, both ladies and gents shoot 3 dozen arrows at each of the 3 distances while the juniors shoot at 40, 30 and 20 yards. The scoring is 9,7,5,3,1 with the maximum score being 972.

The results for our members were as follows:-

<u>LADIES</u>	7th lady	Meg Wyse (730)
	9th lady	Tina James (618)
<u>GENTS</u>	7th gent	Bill Carmichael (693)
	11th gent	Andy Robertson (626)
<u>GIRLS</u>	6th girl	Jill Rennie (470)
<u>BOYS</u>	1st boy	Peter Walker (800)
<u>GENTS COMPOUND LTD</u>	1st gent	Athol Pirie (844)
	2nd gent	Bill MacKay (662)
<u>GENTS COMPOUND U/LTD</u>	1st gent	Alan Walker (893)

Well done to you all.

DONALD/TINA JAMES

P.S. The winning gent was Paul Rennie (860). Although a member of Lasswade, Paul was shooting for his affiliated club, Edinburgh University.

DATES FOR YOUR DIARY

All shoots are at Lasswade.

1996

SEPTEMBER

ROUND

Sunday, 1st

Outdoor Club Championship, FITA

Saturday, 7th  
and  
Sunday, 8th

S.A.A. FITA Star (SRS)

Well people, that concludes newsletter 6 which I managed to compile without insulting Athol. (Never mind Ath, there is always another time, HA! HA!).

Target date for newsletter 7, no decision yet.